

BRAIN TEASERS



STRETCH YOUR MENTAL MUSCLES AND WIN!

Complete all three puzzles correctly for a chance to win* a \$20 Trader Joe's gift card! Snap a photo of this page and email it to editorial@thehealthjournals.com, or tear this page out and send it by mail to:

The Health Journal
4808 Courthouse St., Ste. 204
Williamsburg, VA 23188

Winner announced in our next issue on pg. 6 in the Inbox. See bottom of page for submission deadlines and details.

CRYPTOGRAM

ITPCVRT TVOCP, MCV BKZ FCHILZ FCOL CH ITL XCPFI YWCXF

ITKI WEHL JLWEALPF. KZJ CZBL MCV HEZJ WKVRTILP, ZC

OKIILP TCX UKEZHVV MCVP FEIVKIECZ OERTI YL, MCV BKZ

FVPAEAL EI. -YEWV BCFYM

Clue: L=E, K=A, W=L

SUDOKU

		4			3		5	
	1	7			5		4	
			1	9	4		2	
1					9	4		
	3						1	
		5	3					8
	7		9	6	8			
	6		4			1	8	
	5		7			9		

*Entries must be received by the 18th of April.

NAME: _____ PHONE: _____

EMAIL: _____

WORD SEARCH

S I S G A R D E N I N G S R E
 E S L H P I H S G W A D Z A A
 K S O V A U E T O G U I R I S
 O L O D S X D B W B S T G N T
 J E F D A R N D R O H D F B E
 E T L T A I E E L D R J M O R
 G S I E A F W W A E G G G O W
 R A R R C O F Y O F S P Z T P
 L P P X L X B O R H R M G S X
 U O A F J X B F D A S Y V R O
 A L L E R B M U N I B U N N Y
 T D T H T S K K O N L T L F R
 F Q C U E J S Q K Q Y S X N R
 R E C Y C L E S K C I H C Z R
 Z N H S J D P C M L V G W E V

- April Fools
- Flower Buds
- Rain Boots
- Bunny
- Gardening
- Rainbow
- Chicks
- Growth
- Recycle
- Daffodils
- Jokes
- Showers
- Earth Day
- Pastels
- Taxes
- Easter
- Pranks
- Umbrella
- Eggs
- Puddles